



# NEWSLETTER



VFW Post 7288 - Calabash, NC - May - June. 2015

## COMMANDERS MESSAGE



### Commander's Messages

#### In the Know!

If you attend our Post's monthly meetings (for regular members, the first Tuesday of every month from 10:00 a.m. to 11:00 a.m.; for Men's Auxiliary members, the first Tuesday of every month from 2:30 p.m. to 3:30 p.m.; or the Ladies Auxiliary meeting on the second

Tuesday of every month from 1:00 p.m. to 2:00 p.m.) then you are in the know! You have made a difference as you have been part of the decision making for issues put to a vote by the membership!

If you aren't in the know and haven't participated, attend a meeting! That is where it all happens! The meetings last just one hour! One hour a month and you can be part of the Post's team that helps the leadership chart the course for the future. Coffee and donuts are offered and a 50/50 drawing is held at each meeting! Hope to see you at our next monthly meeting!

#### Annual Election of Post Officers

The annual election is complete and new officers were elected at our monthly meeting on April 7, 2015.

The new elected officers for the coming year, June 2015 to May 2016, are: Commander, Richard Arvonio; Senior Vice Commander, Robert Haight; Junior Vice Commander, Robert Hall; Quartermaster, William McCormick; Chaplain, James Stueve; and three year Trustee, Vincent Krasniewicz; and three year House Committee, Ben Bruno. Continuing their previously elected terms as Trustees are two-year Trustee, Tom Tucker and three-year Trustee, Robert Stocklin.

In addition, as incoming Commander for 2015-2016, I have appointed the following comrades: Adjutant, Michael Crowley; Judge Advocate, Dan Kossler; Surgeon, Willie Richardson; and Service Officer, Dianne Larrowe; Officer of the Day, Ray Ketcham; and Publicity Officer, Frank Richardson.

The new officers will be sworn in at the monthly meeting on May 5, 2015 and their term will commence in June after the North Carolina State Department Convention concludes

on June 7, 2015. Congratulations to our new corps of Officers! Thank you for stepping up and serving VFW Calabash Post #7288. We wish them the best for a successful year! Members are encouraged to attend our monthly meeting and congratulate your new slate of officers.

#### Hold on to Your Seats! A New Look!

If you haven't been to the Post's Canteen lately, we have a new look! New bar stools have been delivered and are now in place, they are comfortable and all of the same color! These new bar stools were paid for in large part by our members and guests participation in a weekly 50/50 raffle conducted during the Sunday NFL games. We also sold seventeen of the old bar stools to the Holden Beach VFW Post and to interested members of our Post. The remaining eight unsold bar stools were donated to Habitat for Humanity in Ocean Isle Beach. All-in-all, the bar stools were fully paid by these efforts! Thank you to our members for their continued support!

#### The Post is having a Birthday Celebration!

Almost nine months ago, Frank Richardson, our Communications Officer alerted me to the fact that our Post was chartered on May 1, 1985, the Post will be 30 years old on May 1, 2015 and wouldn't it be a chance to celebrate!



So in recognition of VFW Calabash

Post #7288's 30<sup>th</sup> birthday we are planning a celebration and appreciation day for our members. On Saturday, May 23, 2015 from 12 noon until 5:00 p.m. the Post will be celebrating the 30<sup>th</sup> Anniversary of its Charter and thanking its members! Open to all members, the Ladies Auxiliary will provide food and cake during that time so come and meet old friends and celebrate our Post's 30<sup>th</sup> birthday. There will be a short ceremony at approximately 1300. Hope to see you there!

Rick Arvonio  
Commander

## LADIES AUXILIARY NEWS

Dear Sisters.



WELCOME to our newest members: Marie Dornick, Carol Lane, Anne McGovern and Vanessa Rothenhoefer, March and April were busy months with decorating for the St. Patrick's Day Dinner and restructuring our breakfast committee adding Marlene Lidgard as co-

chairman, who will work with Dee Chase to ensure sufficient coverage. Dennis O'Brien was the lucky winner of the raffle for the gas grill. Thanks to Sharon Kossler for handling the three fund raisers held for the VFW "Operation Changing Lives" Program which enabled us to donate \$875.00 to this worthwhile program.

We had another successful Chinese Auction on 21 March. Because of the generosity of our members who donated items/their support and our 80 attendees we were able to donate \$1,500 to the VFW National Military Services Program (which includes Operation Uplink, the Military Assistance Program and the Unmet Needs Program for military personnel and their families). Thanks to Nancey Earney and Barbara Hertline for co-chairing this function. On 19 March 2015, we held a Patriotic Program for the Pre-K Class at Seaside United Methodist Church. We talked to 30 students about our flag and its traditions, the Pledge of Allegiance and our National Anthem. The kids then created 50 Easter cards which were sent to our hospitalized veteran residents at the Fayetteville VA Medical Center. Thanks to Cathy Milstead for making all the arrangements with the school for our presentation and to Brenda Arnold, Susan Burchacki, Nancey Earney, Barbara Hertline, Barbara Kapushinsky and Mary Sweeney for assisting with this project.

On 18 April 2015 we hosted a very successful Sock Hop "Let's Go to the Hop" We had a dance contest, a "Fonzie Look-Alike" contest and a contest for the best outfit. As of this writing a final tally was not available but the attendees were very generous with all proceeds being donated to the Fisher House (much like a Ronald McDonald House) supporting patients at Womack Army Medical Center on FT Bragg. Thanks to Carmen Daughtry, Donna Stueve and their great team for making this dance a success.

Our District 5 Meeting is being hosted by our Post on Saturday, 9 May 2015, starting at 10:00. The joint meeting will be held first, followed by the individual meetings, followed by lunch. This is your opportunity to attend a district meeting in your own backyard. We've established a committee to celebrate the 30<sup>th</sup> Anniversary of our Post. The Open House

will be on 23 May 2015 from 12:00 to 5:00 at the Post. Refreshments will be served. Look for the flyer elsewhere in the newsletter and in the Post/Canteen. Don't forget to mark your calendar for our Memorial Day Ceremony at the post on Monday, 25 May 2015. The Department Convention will be held in Greensboro, 4-7 June 2015. Please call me if you need additional information about the convention. **GOOD NEWS!! Our summer card party has been scheduled for 30 June 2015 at Ryan's Steak House in North Myrtle Beach, from 11:00 to 3:00.** Tickets will go on sale mid-May and will be available from our Treasurer and at our May/June auxiliary meetings. Sadly we had to drape our charters for the passing of life members Marie Tardo and Rita Wainwright.

At our 14 April meeting we elected new officers. Officers for 2015-2016 are: President Brenda Arnold, Senior Vice President Sharon Kossler, Junior Vice President Pat Hinkley, Chaplain April Farquhar, Conductress Pinky Hindman, Guard Cathy Milstead, Treasurer Susan Burchacki, 3-year Trustee Fran Redfield, 2-year Trustee Marlene Lidgard, 1-year Trustee Mary Jane Labant, and Secretary Shari Warner. . The new officers will be installed at May's meeting; however, the officer don't officially take office until after the formal elections of the Department Officers at the Department Convention 4-6 June 2015. **CONGRATULATIONS TO THE NEW OFFICERS AND MY SINCERE APPRECIATION TO THE OUTGOING OFFICERS FOR ALL THEY HAVE DONE TO SUPPORT OUR AUXILIARY.**

Our next meetings will be held on 12 May and 9 June 2015, both at 1:00.

This will be my last newsletter as your Auxiliary President. It's been a challenging but very rewarding 8 years for me. As the Department President I will still be supporting you but in a different capacity As a Department Officer for the past 4 years, I've been fortunate to visit many auxiliaries throughout the state and honestly there is not a group of women I would rather work with than our own auxiliary sisters. **YOU ARE THE BEST!!** I want to thank all the post members (comrades, sisters and brother) for the continued support shown me as I advanced up the line and for the continued growth and strength in purpose of our auxiliary--serving our veterans, our military and their families.

God Bless,  
Fran Redfield

### LADIES AUXILIARY OFFICERS

President	Fran Redfield 910 287-7527	Chaplain	Joan Elmeier 910 575-2420
Sr. V. President	Nancy Earney 843 399-7233	Treasurer	Susan Burchacki 856 761-2200
Jr. V. President	Brenda Arnold-Paige 910 575-5259	Secretary	Shan Warner 802 683-4223

# LENTEN FISH FRY



It takes a village of volunteers at VFW Calabash Post #7288 and a ton of food to host the Lenten Fish Fry Dinners each Friday during the season. There was food preparation, cooking, waiting tables and kitchen clean-up that took the village of volunteers to accomplish and with the hungry diners ready for the feast there was literally a ton of food to satisfy them. There were 1060 pounds of haddock, 810 pounds of french fries and 293 pounds of coleslaw -- 2163 pounds total! The event is a labor of love for all involved and the Post looks forward to hosting it each year.



## 7288 Members Golf League

### May - June Schedule

May 4	Thistle	7:00	Jun 1	Seatrail Jones	7:00
May 11	Tigers Eye	8:00	Jun 8	TBA	
May 18	Sandpiper	7:45	Jun 15	Leopard's Chase	7:30
May 25	Rivers Edge	7:30	Jun 22	River Hills	7:00
			Jun 29	Seatrail Jones	7:00

## COME PICK A WINNER!

**Kentucky Derby**  
May 2  
**The Preakness**  
May 16  
**Belmont Stakes**  
June 6



**"Best Breakfast In Town!"**  
**First Sunday of The Month**  
**8 to 11 a.m.**  
**\$6.00 per person**

## POST OFFICERS

Commander.....	Richard Arvonio
.....	910 579-7617
Sr. V. Commander.....	Robert Haight
.....	910 579-9398
Jr. V. Commander.....	Robert Hall
.....	910 575-0420
Quartermaster.....	William McCormick
.....	910 579-6149
Chaplain.....	Jim Stueve
.....	910 579-2112
Adjutant.....	Michael Crowley
.....	973 699-2763
Service Officer.....	Diane Larrowe
.....	910 575-1015
Publicity.....	Frank Richardson
.....	910 352-1001
Bingo.....	Rich Wood
.....	910 287-5382
House Committee.....	Bill Hertline
.....	910 575-8057



Join us at 6:30 p.m. "It could be your lucky day"

May 7	JC Peloquin, Jerry Baum, Marty Biddle, Sue Burchaki	June 4	Ray Ketcham, Tom Keleheer, Nick Micale, Sue Burchaki
May 14	Wayne Spears, Bob Hall, Greg Gillus, Marlene Lidgard	June 11	Wayne Spears, Jerry Baun, Bill McDavid, Marlene Lidgard
May 21	Linda McPhearson, Ken Keil, Ed Warner, Shari Warner	June 18	Linda McPhearson, Don Thompson, Jim Milstead, Cathy Milstead
May 28	Durwood Jackson, Don Thompson, Jim Milstead, Cathy Milstead	June 25	Durwood Jackson, Greg Fallus, Bob Hall, Marlene Lidgard



## SICK & DECEASED

**SICK** - Eileen Lenz, Hank Mattutat, Bob Radcliffe, Stuart South,

**DECEASED** - Tom McCoy, Charlie Schneider, Vern Erickson

**Send a Card . . . Say a Prayer**

## NEW MEMBERS

Donald Bridwell, Joseph Cassella, George Conley, Charles Lane, Philip Meckling, Thomas Prigel, Stephen Rothenhoefer, Jim Schneider, David Vice

### SUMMER IS HERE . . . STAY HEALTHY . . . ENJOY!


Summer is upon us and with it comes an abundance of outdoor activity and fun. Most of us are retired and spend a considerable time enjoying the warm weather. Here are a few tips to help us stay healthy during this hot season:

Stay cool and hydrated. Drink water, at least two to four cups (16-32 ounces) upon rising, and similar amounts if you are going out for activities and exercise. Most people need two to three quarts of liquid per day, and more in hot weather or with sweating and exercise.

While enjoying the sun and outdoors, protect yourself from overexposure to sunlight by wearing a hat and using natural sunscreens without excessive chemicals.

And most of all, relax and enjoy this great time of the year by attending and participating in the many fun activities offered by your Post. It's your "place" . . . Come and enjoy it.





### HAPPY BIRTHDAY !

If your Birthday is in May or June, stop in at the Post, let the bartender know that you are celebrating your birthday and enjoy a free beverage on us.

## CALENDAR OF EVENTS

### MAY 2015

- May 2 Kentucky Derby
- May 3 Breakfast - 8 to 11 a.m.
- May 5 Post Members Meeting 10 a.m.
- May 5 Men's Auxiliary Meeting 2:30 p.m.
- May 7 Bingo 6:30 p.m.
- May 12 Ladies Auxiliary Meeting 1 p.m.
- May 14 Bingo 6:30 p.m.
- May 16 The Preakness
- May 21 Bingo 6:30 p.m.
- May 23 Buddy Poppy Distribution
- May 23 Post 30<sup>th</sup> Anniversary - Open House

### JUNE 2015

- June 2 Post Members Meeting 10 a.m.
- June 2 Men's Auxiliary Meeting 2:30 p.m.
- June 4 Bingo 6:30 p.m.
- June 5-7 VFW NC Dept. Convention
- June 6 Belmont Stakes
- June 7 Breakfast - 8 to 11 a.m.
- June 9 Ladies Auxiliary Meeting 1 p.m.
- June 11 Bingo 6:30 p.m.
- June 18 Bingo 6:30 p.m.
- June 25 Bingo 6:30 p.m.